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Co-founder of India's premier farm-to-fork restaurant, Aditi Dugar, shares with U her favourite Indian restaurants in London.

[Veeraswamy](#)

Michelin-starred Veeraswamy has been around for 92 years and has consistently served some of the finest classical Indian food. While the name may lead you to believe the food is focused on South Indian vegetarian staples, Veeraswamy has an extensive North West frontier menu and is renowned for its coastal delicacies. The lobster Malabar curry, a typical dish from the Southern state of Kerala, is a delicate balance of flavours and produce.

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